



KEEP IT IN THE GREEN!

Air Watch Northwest is a public education program designed to raise awareness about daily air quality conditions throughout the northwest, including Spokane. The program's web site, www.airwatchnorthwest.org, provides daily, real-time air pollution levels, as well as a two-day air quality forecast. Air Watch Northwest promotes individual behavior changes to help combat air pollution.

TIPS

What you can do to help keep it in the green....

ON THE GO

- ▶ Keep your tires properly inflated and replace your car's air filter regularly.
- ▶ Combine errands to reduce vehicle trips.
- ▶ Avoid idling your vehicle. Turn off the engine if idling more than 30 seconds.
- ▶ Accelerate gradually, use cruise control on the highways, and obey the speed limit.
- ▶ Share a ride, walk, bicycle or ride the bus to work, school, or meetings.
- ▶ During hot weather, refuel your car after 5p.m. to keep smog forming vapors out of the air during the heat of the day, when smog is formed.
- ▶ Don't overfill your tank and make certain your gas cap is tightly sealed.

AT HOME

- ▶ If you use wood to heat your home, burn only clean, dry wood and keep the damper open to provide plenty of air to your fire.
- ▶ Upgrade your wood stove or fireplace insert to a more efficient, EPA-certified device or natural gas appliance.
- ▶ Avoid using oil/solvent based paints, degreasers or lighter fluids.
- ▶ Apply paint with rollers and brushes instead of sprays; it cuts down on fumes.
- ▶ Upgrade to a natural gas, propane or electric grill next time you replace your barbecue.
- ▶ When it's time to replace gasoline powered yard and garden equipment, consider purchasing electric.

It all adds up to cleaner air

AIR QUALITY INDEX

0-50
Good

51-100
Moderate

101-150
Unhealthy for Sensitive Groups

The Air Quality Index (AQI) shows air quality in terms of how healthy the air is for most people to breathe.



SPOKANE COUNTY
AIR POLLUTION
CONTROL AUTHORITY

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www.airwatchnorthwest.org